

# PERINATAL MOOD & ANXIETY DISORDERS CONFERENCE:

**Building Resiliency through Breaking Barriers** 

## SAVE THE DATE

## Thursday, April 17, 2014 8:30am to 4:00pm

## **Featured Presenters:**

Pec Indman, EdD, MFT
Co-Author of
Beyond the Blues

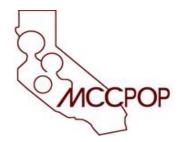
Jane Honikman, MS
Founder of Postpartum Support
International (PSI)

## A Diverse Community Panel

Sharing their experiences

### **Course Description:**

Many families of all cultures need much support in their transition to parenthood. They are often burdened by trauma, poverty, and multiple stressors that impact their well-being and mental health. There is much we can do as a community to respond compassionately and effectively and design community support for new families to break barriers and build resiliency.





Online registration will be available at http://mccpop.stanford.edu

### **Target Audience:**

- Comprehensive Perinatal Health Workers (CPHWs)
- Physicians, Nurses, Social Workers & Mental Health and Health Care Professionals
- All members of the community interested in supporting mothers, fathers and new families

CEUs will be available for: RNs, LCSWs, & MFTs

#### Fees:

\$25 Non-Licensed CPSP Staff

\$125 All Licensed Professionals

Conference Location: TBD

Light Breakfast and Lunch will be provided

### **Questions?**

Please contact: Sanary Lou 650.736.2210 sanarylou@stanford.edu