



# PERINATAL MOOD & ANXIETY DISORDERS CONFERENCE:

Building Resiliency through Breaking Barriers

## SAVE THE DATE

### Thursday, April 17, 2014

### 8:30am to 4:00pm

#### Featured Presenters:

**Pec Indman, EdD, MFT**

Co-Author of  
Beyond the Blues

**Jane Honikman, MS**

Founder of Postpartum Support  
International (PSI)

**A Diverse Community Panel**

Sharing their experiences

#### Course Description:

Many families of all cultures need much support in their transition to parenthood. They are often burdened by trauma, poverty, and multiple stressors that impact their well-being and mental health. There is much we can do as a community to respond compassionately and effectively and design community support for new families to break barriers and build resiliency.



#### Target Audience:

- Comprehensive Perinatal Health Workers (CPHWs)
- Physicians, Nurses, Social Workers & Mental Health and Health Care Professionals
- All members of the community interested in supporting mothers, fathers and new families

#### CEUs will be available for:

RNs, LCSWs, & MFTs

#### Fees:

\$25 Non-Licensed CPSP Staff

\$125 All Licensed Professionals

#### Conference Location:

TBD

Light Breakfast and Lunch will be provided

#### Questions?

Please contact:

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Online registration will be available at

<http://mccpop.stanford.edu>