

MA

Clinical Psychology

Seminar

Thursday,
March 19, 2015
9:00am-4:00pm

4:00pm-4:30pm
(Spanish language
component)

LOCATION:

AUSB-Community Hall
602 Anacapa Street
Santa Barbara, CA 93101

General Admission: No Charge

CEU's Available
All Day- 6 CEUs-\$110
9:30-12:30-3 CEUs-\$55
1:30-4:00-3 CEUs-\$55

RSVP: Alisha Phillips
aphillips@antioch.edu

Space is limited.
BBS Approved Provider
#PCE BBS 0046

ANTIOCH
UNIVERSITY
SANTA BARBARA

Antioch University Santa Barbara
Presents

Strengthening the Postpartum Bond in Latino Families



**Please join us for this dynamic seminar featuring
expert speakers on postpartum depression within the
Latino community**

Postpartum depression is a real and often ignored challenge faced by new parents, extended families, and community. This Symposium is designed for anyone interested in the realities of postpartum depression and its effects within the Latino community. Participants will learn about strategies to prevent postpartum depression specifically applicable to Latino clients and support healthy infant-parent development and family connections.

9:00am - 12:00pm- **Strengthening the Postpartum Bond in Latino Families**

Ma. Asuncion Lara, PhD

12:00pm - 1:00pm Lunch (on your own)

1:00- 3:00pm- **Relevant Issues in Postpartum Parenting Within the Latino Community**

Mariela Marin, MA

3:00 - 4:00pm - **Applied Experiences in the Community**

Student Panel

4:00 - 4:30pm- **Strengthening the Bond: Demonstration (in Spanish)**

Ma. Asuncion Lara, PhD

Ma. Asuncion Lara is a psychologist who holds a Ph.D. in Health Sciences from the National University in Mexico City. She has been a researcher at the Ramon de la Fuente National Institute of Psychiatry since 1982, where she is head of the Intervention Models Department.

Mariela Marin, MA is Core Faculty and Director of Clinical Training for the Master's in Clinical Psychology program at Antioch University Santa Barbara and oversees the Latino Mental Health concentration. Her expertise is in the area of multicultural competence and she has worked extensively with non-profits serving the Latino community.

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